



nura®

Precision Pain Management




# Occupational Health

Specializing in helping injured or disabled individuals achieve their vocational goals and return to work as quickly and safely as possible.

## TAKING CARE OF WORK-RELATED INJURIES

At Nura, we take a comprehensive approach to helping people get back to work in a timely manner after an injury.

Our team of pain specialists will diagnose the condition and develop a treatment plan that is tailored to meet the demands of the job. This may involve providing medical procedures, rehabilitation services, and other forms of care to help the worker regain their strength and well-being.



When it comes to work-related injuries, Nura can help. Our individualized plans of care are all coordinated to address each unique situation and all provided under one roof.



### OUR SERVICES

EVALUATION OF INJURIES

MEDICATION MANAGEMENT

PHYSICAL THERAPY

BEHAVIORAL HEALTH COUNSELING

INTERVENTIONAL PROCEDURES

## PARTNERING ON A PLAN

Nura works closely with qualified rehabilitation consultants (QRCs) and occupational health professionals to ensure that all key stakeholders, including insurance companies, employers, and attorneys, are on the same page when it comes to supporting the individual's safe and successful transition back to work.

After each appointment, our team will communicate treatment plan updates and review available return-to-work options. When necessary, we will make a referral to an outside specialist as well as recommend interventional therapies that promote physical recovery and rehabilitation.

### WHAT TO EXPECT

- ✓ Clear documentation of the work injury
- ✓ Designated work restrictions
- ✓ Recommendations for accommodations
- ✓ Regular updates to key stakeholders
- ✓ Multiple options for treatment
- ✓ Timely work compensation

## GETTING STARTED WITH NURA

Our team recognizes that time is of the essence when a workplace injury occurs, so we set up a dedicated hotline to make sure appointments are scheduled within 2-3 days.

Any injured worker can get started by calling 763-634-2000 and asking our occupational health team for an evaluation.

If an injured worker has an accepted Workers' Compensation claim and/or private insurance, Nura will facilitate the appointment.

**Occupational Health Hotline: 763-634-2000**

*Improving the lives of people living  
with the most complex chronic  
pain through exceptional care.*

**If you have questions about work-related  
injuries, please call our Occupational  
Health Hotline at 763-634-2000.**

**763-537-6000**

*nuraclinics.com*

**Edina Clinic**

7400 France Avenue South  
Edina, MN 55435

**Edina Pump Services Division**

7390 France Avenue South  
Edina, MN 55435

**Coon Rapids Clinic**

2104 Northdale Boulevard NW, Suite 220  
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